

## **Psalms by a Bishop**

Written by Bishop Robert Farr

March 2020

### **Trust?**

Lord,

Things look impossible right now. Our world is turning upside down.

This is disorienting to all of us. Our routines and expectations are in a big disruption.

Your scriptures say, "trust you." How?

Your scriptures say, "don't let this throw you" (Jn. 14:1) and "Trust God, trust me."

Lord, help us to do so.

In Jesus's Name,

**Amen.**

### **When it's impossible, ask God.**

God we are asking, have mercy. Life looks impossible.

We are trying to figure out how to secure our futures,

maybe even our next days.

We hear you offering grace,

but we are unable to receive.

Lord, have mercy.

Open our ears and protect us from ourselves.

Help us embrace your gifts hidden in our present crisis.

In Christ we pray,

**Amen.**

### **Don't Worry**

God, help me believe in you.

I know I believe in you, but I go on worrying.

You invite us to trust, but I want so bad to be self-reliant.

Help me with my own impossibility of trusting in myself alone,

rather than trusting in you alone.

We need your gift of mercy, grace and hope.

In Jesus we pray,

**Amen.**

## **Psalms by a Bishop (continued)**

### **I Hope God Has Me**

Lord, this is a difficult time for us all.  
Let us confess we have put too much trust in our earthly patterns of life.  
We spend too little time investing in our spiritual existence.  
Teach us anew, Lord, to see you first and all else shall be fine.  
Release me from worry, especially the things I cannot change.  
Teach me, O God, to trust in your provision.  
Remind us that you have us, not us having you.  
Therefore, help us to fix our eyes upon Jesus.  
Let this be a time to grow deeply into you.  
Help us find the spiritual gift in the simplicity of a slower pace.  
You are our assurance and our hope.  
In Christ,  
**Amen.**

### **Seek the Lord**

The Scripture says, seek the Lord for God does not hide.  
Yet with all my newfound time alone, you seem distant.  
For most of my life, I've seen You move often through others and now I cannot see others.  
Yet, you are as close as my breath, as felt as my beating heart.  
I act as though I need to seek and find You,  
    when all along God, through Jesus, you have already sought me.  
May Jesus guide me to the very heart and mind of You.  
In my new time alone, may I find a connectedness in your presence  
    that passes all understanding.  
In Christ,  
**Amen.**

### **Gifts in a Crisis**

Lord, thank you for being my dwelling place.  
Help us not feel alone in our isolation from each other,  
    rather help us find you in our new quiet times.  
You are our dwelling place.  
Lead us all through the unknown path in your light,  
    the light that guides all things.  
We seek your providence in this time. Thank you.  
In Christ,  
**Amen.**