

EAP Resources

- * The HealthFlex plan offered by Wespeth Benefits and Investments includes an EAP for clergy, lay and their families including:
 - * In-person emotional health counseling;
 - * Work/Life services, which can help balance work and personal responsibilities, including information about day care for children, elder care for aging parents; and
 - * Research about local resources, legal, and financial assistance.
- * Log into the HealthFlex/WebMD website with your username and password. Under the “Benefits” drop-down menu, choose “Live and Work Well.” (You do not need another password to link to this website from HealthFlex/WebMD.) Or call UBH directly at 1- 800-788-5614 with any questions.