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# Spiritual Journey Assessment Tool

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Schweitzer United Methodist Church



Schweitzer UMC encourages all disciples to ...

**WORSHIP** consistently with focus on bringing praise to the creator God,

**GROW** continually deeper in relationship with Jesus Christ and God's people, and

**SERVE** sacrificially, giving of time, talent and treasure for the glory of God  
and spreading of His kingdom.



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## Fully Devoted Disciples of Jesus Christ will ...

The purpose of Schweitzer United Methodist Church is to transform lives by making disciples of Jesus Christ. Our discipleship model calls on us to always be Worshiping, Growing & Serving in our spiritual walk with God. We define below some traits to paint a picture of what occurs when the Holy Spirit empowers us to be a fully devoted disciple of Jesus Christ.

### **Worship consistently ...**

Community Worship – We gather weekly with God’s people to sing in a spirit of praise and worship, pray together and hear the Word of God preached. We prayerfully prepare ourselves for and deeply desire to glorify God in our worship services.

Personal Worship – We consider worship a lifestyle and pursue a relationship with God daily through prayer, solitude, Bible reading, service and witnessing. Our lives reflect both obedience to God’s commands (e.g. values, priorities, relationships and behaviors), and God’s joy and peace in even difficult circumstances.

### **Grow continually ...**

Community Growth – We make it a priority to be in consistent, authentic and loving relationship with other Christian believers through participation in Life Groups, Sunday groups and/or ongoing small groups. We value the church as the Body of Christ, remain united when opinions differ, and share the essential gospel message with others.

Personal Growth – We seek transformation through spiritual disciplines (e.g. prayer, confession, repentance, fasting, Bible reading, private worship), practice them as a means of surrendering to Jesus, and continually grow in exhibiting the fruit of the Spirit “love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control” (Galatians 5:22-23).

### **Serve sacrificially ...**

Gifts & Service – We use the spiritual gifts, natural talents and passions we have to serve others and build up the Body of Christ. We see time as a precious gift from God to be used in keeping with God’s purposes and submit our calendars to God’s guidance.

Financial Gifts – We view money and material possessions not as a measure of success or as a means of self-gratification but as a resource for which we are responsible to God. As we grow toward Christ-likeness, we allocate proportionally more of our income to further the kingdom of God.

As a guide for interpreting your total for each area of growth, and choosing your next steps, we suggest:

- |       |  |
|-------|--|
| 40-50 | Stage 3: I am investing my gifts, knowledge and skills to bless others. While I realize that growth is a life-long process, I am clearly adopting discipleship (following Jesus) as a lifestyle. |
| 23-39 | Stage 2: I am showing evidence of intentionally living for Christ. I need to consider some next steps to further my walk with Christ in certain areas.   |
| 0-22  | Stage 1: I need to reflect more about my life and become more intentional in bringing my lifestyle more in alignment with Christ.  |

## NOTES



# Schweitzer Spiritual Growth Assessment Tool

## Assessment Table

### Worship consistently

1. \_\_\_\_\_ 6. \_\_\_\_\_
2. \_\_\_\_\_ 7. \_\_\_\_\_
3. \_\_\_\_\_ 8. \_\_\_\_\_
4. \_\_\_\_\_ 9. \_\_\_\_\_
5. \_\_\_\_\_ 10. \_\_\_\_\_

Total

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Grow continually

1. \_\_\_\_\_ 6. \_\_\_\_\_
2. \_\_\_\_\_ 7. \_\_\_\_\_
3. \_\_\_\_\_ 8. \_\_\_\_\_
4. \_\_\_\_\_ 9. \_\_\_\_\_
5. \_\_\_\_\_ 10. \_\_\_\_\_

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### Serve sacrificially

1. \_\_\_\_\_ 6. \_\_\_\_\_
2. \_\_\_\_\_ 7. \_\_\_\_\_
3. \_\_\_\_\_ 8. \_\_\_\_\_
4. \_\_\_\_\_ 9. \_\_\_\_\_
5. \_\_\_\_\_ 10. \_\_\_\_\_

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### *Worship consistently*

1. I pray every day for the Holy Spirit to direct me as I submit to God in personal time of devotion.
2. I realize that worship isn't about pleasing me but glorifying God.
3. My worship focuses on the audience of one. (God)
4. I do not come to worship to judge others but to place myself before the one who will judge us all.
5. I experience God's joy and peace in all circumstances, even in times of uncertainty or loss.
6. I pray prior to our worship each weekend at Schweitzer, asking for God's presence and blessing.
7. I sense God's transforming power in my life, reflected in my changing values, priorities, relationships, feelings, behaviors, and reactions.
8. I regularly confess my sins, repent of wrong thoughts, words, and deeds, and offer my life to God for obedient service.
9. I prepare myself spiritually before participating in worship at church.
10. As I surrender my life to God, I avoid addictive behaviors (for example: food, television, busyness, as well as drugs, alcohol, etc.)

	Does Not Apply		Applies Somewhat		Applies Completely	
1.	0	1	2	3	4	5
2.	0	1	2	3	4	5
3.	0	1	2	3	4	5
4.	0	1	2	3	4	5
5.	0	1	2	3	4	5
6.	0	1	2	3	4	5
7.	0	1	2	3	4	5
8.	0	1	2	3	4	5
9.	0	1	2	3	4	5
10.	0	1	2	3	4	5



# Schweitzer Spiritual Growth Assessment Tool

## *Grow continually*

	Does Not Apply		Applies Somewhat		Applies Completely	
	0	1	2	3	4	5
1. I understand the essential beliefs of the Christian faith and can explain them to a friend.	0	1	2	3	4	5
2. I have a spiritual impact in my home, school and/or work environment through my consistent daily example.	0	1	2	3	4	5
3. I have a life-transforming relationship with Jesus Christ, and live my faith in public so as to shape a world that looks more like the Kingdom of God.	0	1	2	3	4	5
4. I draw upon my faith to reach conclusions about important moral and ethical issues, making choices that reflect basic Christian ethics.	0	1	2	3	4	5
5. I believe salvation is graciously offered as a gift through Jesus' death and resurrection, not something I earn by anything I do, and have accepted Christ as my personal Savior and Lord.	0	1	2	3	4	5
6. I am open, honest, and vulnerable with my closest family members and friends and encourage them to be open, honest and vulnerable in return.	0	1	2	3	4	5
7. I belong to a group which grows in faith together and challenge each other to grow deeper in Christ.	0	1	2	3	4	5
8. As a means of growing in Christ, I put into practice the daily reading of the Scriptures, personal prayer time and other spiritual disciplines.	0	1	2	3	4	5
9. When facing a tough decision, I submissively seek God's will through the Bible, prayer, and the wisdom of other Christians I trust.	0	1	2	3	4	5
10. I am experiencing "the fruit of the Spirit." (Galatians 5:22): love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control.	0	1	2	3	4	5



# Schweitzer Spiritual Growth Assessment Tool

## *Serve sacrificially*

	Does Not Apply		Applies Somewhat		Applies Completely	
	0	1	2	3	4	5
1. I can show you evidence on my calendar that I act on God's concern for justice and for serving the poor and others.	0	1	2	3	4	5
2. I give back to Christ and the church in proportion to my income, with at least 10% as my goal.	0	1	2	3	4	5
3. I can show you evidence in my checkbook that I act on God's concern for justice and for serving the poor and others.	0	1	2	3	4	5
4. I am intentionally building relationships with unchurched people, and with God's help encouraging them to seek a relationship with Christ and connect to a local church.	0	1	2	3	4	5
5. I budget faithfully so that I can better honor God and help others in need.	0	1	2	3	4	5
6. I prioritize in such a way that I am seldom "too busy" to serve someone else's needs, or to serve the church.	0	1	2	3	4	5
7. I know my God-given spiritual gifts, and am actively serving Christ by using those gifts.	0	1	2	3	4	5
8. Because everything ultimately belongs to God, I am generous with all the resources I have.	0	1	2	3	4	5
9. I am willing to serve in ways that are outside of my comfort zone.	0	1	2	3	4	5
10. My commitment to serve God and others is life-long; I will never "retire" from it.	0	1	2	3	4	5